

Person-centred Planning In Halton



These strategies enable us to think about our lives in a different way. They put a spotlight on us, force us to slow down and strip things back, and as a result, we can learn things about ourselves that we may have never realised.

What Schools are Saying

All staff are amazed by the process. I was initially worried it was 'another thing' for staff to do but by the end of 2 sessions I couldn't wait to get going.

It's been a real worthwhile process. All staff have said that now they've done one, they want to do another. You can even hear staff talking about it in the staff room.

One staff member who I thought would be resistant/sceptical became really passionate about the process and couldn't believe that they didn't already know all of this information about the children.

– A Halton Primary School Head Teacher.

What is Person-Centred Planning?

We are seeking to capacity build in Halton schools by empowering school staff in using PCP strategies to create one-page profiles.

Person-centred Planning (PCP) is an approach to planning for **positive change**.

This is more than putting children and young people at the centre of everything you do; in using PCP tools and strategies, we try to truly shift the focus from the practitioner to the young person.

This is less about the profile and more about the process of acquiring key information for the profile.

Using specific strategies, we seek to uncover the deeper and more meaningful aspects of what is important in young people's lives. From this, we work **collaboratively** with the young person to come up with **simple and practical steps** to move things forward in the school setting.

Steering away from looking at a young person's difficulties, we focus on their **strengths and positive attributes**.

Collating onto a profile, this information can then be shared accordingly to create the **inclusive** environment the young person needs in order to thrive academically and psychologically.

Anyone can benefit from PCP strategies but they can be particularly useful when working with more vulnerable groups of children and young people.

For example, you might choose to use PCP with those children experiencing difficulties with their **social, emotional and/or mental health** or those who persistently exhibit **challenging behaviours**, including those who might be at **risk of exclusion**.

All children in care must have a one-page profile developed using these specific strategies.